Kamala Education Society's

Pratibha Junior College,
Chinchwad, Pune-19

STD XII- SCIENCE/ COMMERCE/ARTS

SUBJECT- HEALITH & PHYSICAL EDUCATION (31)

MARK DISTRIBUTION/WEIGHTAGE

Chapter No	Chapter Name
1	Physical Fitness
2	Exercise – Scientific View
3	Study of Yoga
4	Diet
5	Active Lifestyle
6	Motivational Stories
7	Sports Awards

Total - 50 marks Syllabus

Theory - 25 marks

Practical - 25 marks

Result converts into Grade – A, B, C, and D